

WOODBINE HOUSE

www.woodbinehouse.com

A close-up photograph of two young boys. The boy on the left has curly brown hair and is wearing a yellow polo shirt. The boy on the right has straight brown hair and is wearing a white shirt. They are both smiling and looking towards the camera. The background shows a body of water and a metal railing, suggesting they are on a boat or a pier.

Your Trusted
Source of Books
on Disabilities

SPRING 2012 CATALOG

For Parents, Children, Teachers, and other Professionals

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Look for these symbols:



Teacher's Tools

Books that are especially useful to educators.



CD-ROM

Books that include a CD-ROM. Makes it easy to print forms and worksheets multiple times!

Cover photo courtesy of Scott Zadroga.

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Forthcoming February

Living Well with Mitochondrial Disease

A Handbook for Patients, Parents, and Families

Cristy Balcells, R.N., M.S.N.

LIVING WELL WITH MITOCHONDRIAL DISEASE helps make sense of mitochondrial disease (Mito), an overwhelming and complex group of diagnoses that has grown exponentially in recent years. The most common metabolic disorder, thought to be more common than cystic fibrosis and broader-reaching than most genetic diseases, Mito can affect babies, children, and teens from birth or at any point during their development. Previously healthy adults, as well as adults with a history of unexplained fatigue, are increasingly receiving a Mito diagnosis. Some children with autism spectrum disorders who have medical issues such as digestive difficulties and fatigue are also being identified as having a mitochondrial disorder.

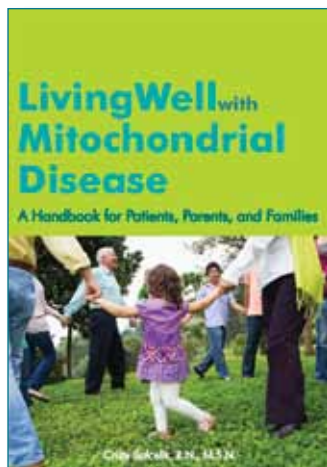
This guide is the first book about Mito written for patients and their families. It takes readers from understanding how the mitochondria work (they are the powerhouse of the cell, providing energy for the entire body), how people with mitochondrial defects are diagnosed and treated, to how to live well when you, your child, or someone you love is struggling with disabling symptoms.

Topics include: the journey to diagnosis; the biochemistry of Mito; practical advice for the specific needs of children and adults; understanding and managing symptoms; where to find specialists and support; treatment approaches; autism and Mito.

Writing from the perspective of both a parent and nurse, the author shows adult patients, parents, family members, and caregivers how to achieve the best quality of life possible. Readers will feel empowered as they come to understand the causes of Mito, learn to manage the symptoms, avoid emergencies, and make appropriate lifestyle choices.

“There is an overwhelming need for educational support materials that can help guide a patient or their family through the challenges of managing the daily ups and down of these metabolic disorders. Cristy Balcells has written a compassionate and rich handbook as a companion for those on this journey.”

—Dr. Katherine Sims, Associate Professor of Neurology,
Harvard Medical School and
Director of the Massachusetts General Hospital (MGH)
Mitochondrial Disorders Clinic



ISBN: 978-1-60613-014-8

Paperback / 7" x 10"

350 pages

\$24.95

Health/ Metabolic Disorders

ABOUT THE AUTHOR:

Cristy Balcells is a nurse, mother of a child with mitochondrial disease, and tireless advocate for the patient community. She is Executive Director of MitoAction.org, a Boston-based organization that provides global quality of life initiatives focused on support, education, and advocacy. Cristy has a Master's in Nursing and Community Public Health from the University of Virginia, and has won awards for her innovative maternal-child health program, "BabySense." Cristy lives with her husband and three children in Boston.

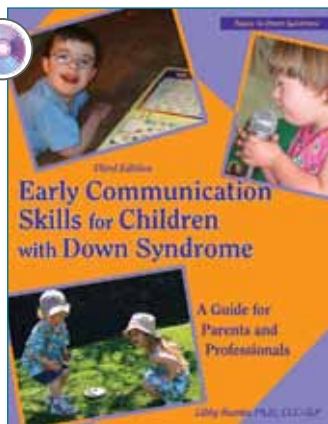
Forthcoming May

Third Edition

Early Communication Skills for Children with Down Syndrome

A Guide for Parents and Professionals

Libby Kumin, Ph.D., CCC-SLP



ISBN: 978-1-60613-066-7

Paperback / 8½" x 11"

375 pages

CD-ROM

\$26.95

Down Syndrome / Communication

ABOUT THE AUTHOR:

Libby Kumin is a professor in the Department of Speech-Language Pathology/Audiology at Loyola University in Maryland. She is the author of several books, chapters, a DVD, and many research articles on communication skills in infants, toddlers, children, and adolescents with Down syndrome. She is well known as a speaker at professional and parent conferences across the country.

Newly revised and updated, this compassionate and authoritative guide is based on Libby Kumin's more than thirty years experience working with children and adolescents with Down syndrome and their families. Dr. Kumin draws on her vast experience to show parents how they can support and encourage their child's speech and language development from birth to age 6 (or when a child can form 2- to 3-word sentences). Parents and teachers learn how to work through characteristic challenges, including hearing loss, intelligibility issues, apraxia (difficulty planning oral-motor movements), or a slower pace of development. Families soon see that many children with Down syndrome are natural and willing communicators.

In a warm and conversational style, the author shares her professional expertise in parent-friendly terms. She uses specific examples of difficulties and successes to illustrate the concepts behind speech and language development, and includes the latest research supporting current early intervention and preschool approaches that can be used at home and in schools.

This third edition of *EARLY COMMUNICATION SKILLS* features expanded information on the needs of children with apraxia, dual diagnosis of autism and Down syndrome, and updated terminology and information on special education law. An expanded chapter explains how technology and augmentative and alternative communication (AAC) can help with speech and language, foster communication, and provide inexpensive transitional language systems. Dozens of forms are now included on a CD-ROM to be used for assessment, developing treatment plans, and keeping detailed records of progress. Teachers, speech-language pathologists, and parents will love the convenience of printing multiple copies of forms and organizing information for IEP meetings or periodic evaluations.

Also by Libby Kumin...

**Helping Children
with Down Syndrome
Communicate Better
Speech and Language Skills
for Ages 6-14**

ISBN: 978-1-890627-54-6

2008 / Paperback

8 ½" x 11" / 394 pages

\$24.95

Forthcoming March

Speaking of Apraxia

A Parents' Guide to Childhood Apraxia of Speech

Leslie A. Lindsay, R.N., B.S.N.

At last, a parents' guide to understanding, treating, and living with childhood apraxia of speech (CAS). Written in an empathic style by a parent who "has been there," *SPEAKING OF APRAXIA* offers hope and practical advice for parents of toddlers to teens with this neurologically-based motor speech disorder. Characterized by difficulties with planning and producing the complex set of movements necessary for intelligible speech, CAS can be a child's only diagnosis or can be accompanied by other special needs such as learning disabilities, Down syndrome, or autism. Parents and professionals will appreciate the author's clear explanations of everything from diagnosing CAS and working with speech-language pathologists (SLPs), to understanding how to distinguish it from other speech disorders, and getting appropriate early intervention and special education support.

Drawing on the latest research, professionals' insights and her own and other parents' experience, the author covers these important topics:

- I: The Straight Scoop on Speech Basics—CAS definition; An Overview of Speech & Language; Where to Get Help and What to Ask; Your First Appointment with an SLP
- II: Now What?!—Getting, Coping with, and Understanding the Diagnosis; Health & Genetics; All about Speech Therapy
- III: Helping Your Child—Complementary and Alternative Medical and Treatment Approaches (Diet, Music, Movement Therapy, and More)
- IV: Off to School—Getting Ready; Special Education Ins & Outs; Phonological Awareness; Reading Issues
- V: Coping & Hoping—Dealing with Emotions and Family Life; What the Future May Hold; Networking, Support Groups, and Advocacy
- Appendices: Information on insurance, summer camps and enrichment programs, speech-language milestones, and a glossary of terms.

SPEAKING OF APRAXIA is a comprehensive and authoritative resource any family, SLP, occupational therapist, or pediatric practice will be glad to own or recommend.



ISBN: 978-1-60613-061-2

Paperback / 7" x 10"

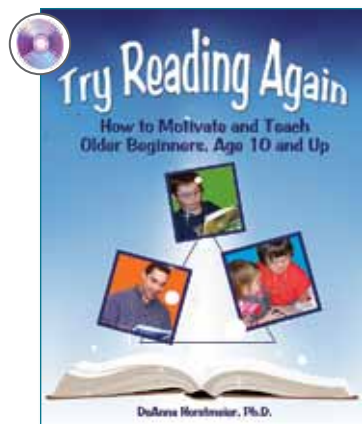
375 pages

\$24.95

Communication / Special Education

ABOUT THE AUTHOR:

Leslie Lindsay was formerly a Child and Adolescent Psychiatric nurse at the Mayo Clinic. She attended the University of Missouri-Columbia and earned a B.S.N. from the Sinclair School of Nursing with a minor in psychology. She and her family, including a daughter with CAS, live in suburban Chicago. She writes about a range of parenting issues at: leslie4kids.wordpress.com



ISBN: 978-1-60613-028-5

Paperback / 8½" x 11"

212 pages

CD-ROM

\$24.95

Special Education

Forthcoming June

Try Reading Again

How to Motivate and Teach Older Beginners,
Age 10 and Up

DeAnna Horstmeier, Ph.D.

Do you know a struggling reader who has given up trying? Try reading again! This book can help turn older beginning readers into first-time readers or significantly improve their reading abilities. The reading method presented here is appropriate for people with intellectual disabilities, as well as for students whose native language is not English (ESL students). **TRY READING AGAIN** features three important components:

- Language experience stories
- Phonics
- Age-appropriate structured stories

Put these together and you'll discover it's never too late to learn to read!

Veteran special educator, tutor, and parent DeAnna Horstmeier presents a savvy approach tailored to the interests and vocabulary of upper-elementary, middle, high school, or adult beginning readers so as not to frustrate or embarrass them with materials written for very young kids. In keeping with current research showing that students are most successful and motivated when they read about their own experiences, **TRY READING AGAIN** includes instructions for creating and using original stories about a reader's own life as well as age-appropriate stories written by the author for different reading comprehension levels.

With the help of worksheets, games, flashcards, and exercises, students learn phonics—the sounds of consonants, short and long vowel sounds, blends, digraphs, and basic prefixes and suffixes. Objectives and evaluations for each phonemic topic relate to curriculum-based measurements, making this a useful guide for middle and high school teachers, as well as parents and reading tutors. A handy CD-ROM of worksheets, activities, and additional stories makes it a cinch to print multiple copies to share with many students and to repeat exercises.

This proven reading method presents an invaluable opportunity to try reading again, enriching the lives of older beginning readers and giving them greater independence.

ABOUT THE AUTHOR:

DeAnna Horstmeier has more than thirty years experience as a special educator and consultant. She is a reading tutor and was formerly an Instructional Resources Consultant at a special education regional resource center in Columbus, Ohio, assisting parents and educators with teaching strategies and materials for their students. She also taught special education and speech, language, and communication at The Ohio State University.

Forthcoming April

Third Edition

Siblings of Children with Autism

A Guide for Families

Sandra L. Harris Ph.D. & Beth A. Glasberg, Ph.D., BCBA-D

This revised and updated edition takes a fresh look at what it's like to grow up as the brother or sister of a child with autism—the basics of sibling relationships at all ages and how autism can affect these dynamics. Parents get important advice about balancing responsibilities for each child, encouraging their kids to share feelings, explaining autism to other children, and initiating play and interaction between siblings. This new edition includes case examples reflecting improvements in applied behavior analysis (ABA) techniques, new photos, an updated resource section, and tips on how technology can help siblings and their families connect with other families. Throughout the book, family case studies provide insights into how other families deal with common concerns and situations.

Praise for the second edition:

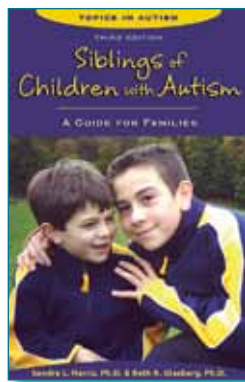
"An excellent resource for the entire family."

—Cathy Avasso, parent

ABOUT THE AUTHORS:

Sandra L. Harris is a Board of Governors Distinguished Service Professor Emerita at the Graduate School of Applied and Professional Psychology and the Department of Psychology at Rutgers, The State University of New Jersey. She is the Founder and Executive Director of the Douglass Developmental Disabilities Center.

Beth A. Glasberg is the Director of Glasberg Behavioral Consulting Services, LLC, and the Coordinator for the Masters Program in Applied Psychology, Behavior Analysis Concentration, at Rider University.



ISBN: 978-1-60613-074-2

Paperback

5½" x 8½"

190 pages

\$21.95

Autism



Second Edition

A Picture's Worth

PECS and Other Visual Communication Strategies in Autism

Andy Bondy, Ph.D. & Lori Frost, M.S., CCC-SLP

The book thousands of families, therapists, and educators worldwide have relied on is in a newly revised edition. Written by the creators of the Picture Exchange Communication System (PECS), this guide presents their innovative alternative communication system which allows kids and adults with delayed or no speech to express their needs and desires. Updated information is included on research findings, troubleshooting, how the latest technology can help (iPad, iPod Touch), and on eliminating problem behaviors. This low-tech, portable, and easy-to-use system makes functional communication possible in any setting and does not interfere with long-term speech development.

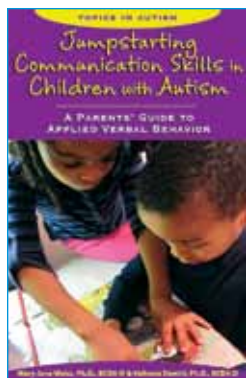
"[P]ractical information in a convenient format. Highly recommended for anyone who works with children or even adults with autism."

—LIBRARY JOURNAL XPRESS REVIEWS

ISBN: 978-1-60613-015-5 / 2011 / Paperback / 5½" x 8½" / 146 pages / **\$19.95**

AUTISM





Jumpstarting Communication Skills in Children with Autism

NEW!

A Parents' Guide to Applied Verbal Behavior

Mary Jane Weiss, Ph.D., BCBA-D & Valbona Demiri, Ph.D., BCBA-D

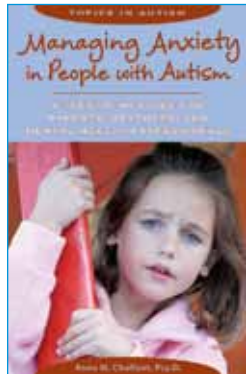
Two autism experts provide an information-packed guide to using the Applied Verbal Behavior (AVB) approach to boost children's understanding of verbal and nonverbal communication and improve their expressive abilities. After providing an overview of language development and communication, the authors offer practical strategies to help reduce and change specific communication problems, such as difficulty making requests, perseverative speech, a lack of fluency in conversation, and trouble reading other people's signals. Case studies help to illustrate issues and explain how parents, siblings, and teachers can support, teach, and reinforce new skills. Other strategies are also profiled—PECS, sign language, video modeling, scripts, social stories, and more. A good companion to *TEACHING CONVERSATION TO CHILDREN WITH AUTISM: SCRIPTS AND SCRIPT FADING* (pg 10).

The authors "have done an excellent job making scientifically proven information accessible and easy to read!"

—Mary Lunch Barbera, Ph.D., RN, BCBA

Author of *THE VERBAL BEHAVIOR APPROACH: HOW TO TEACH CHILDREN WITH AUTISM AND RELATED DISORDERS*

ISBN: 978-1-890627-70-6 / 2011 / Paperback / 5½" x 8½" / 208 pages / **\$21.95**



Managing Anxiety in People with Autism

A Treatment Guide for Parents, Teachers, and Mental Health Professionals

Anne M. Chalfant, Psy.D.

Anxiety is one of the biggest challenges facing people with autism spectrum disorders (ASD) and their families. In one of the first books of practical information about anxiety and autism, Dr. Chalfant provides clear, understandable explanations of the different types of anxiety, how they affect people across the autism spectrum, and what interventions can help. Parents learn how and why their child is prone to anxiety; to understand their role in their child's anxious behavior; and to recognize and respond to anxious behavior appropriately. In addition to specific strategies that families and teachers can use in a variety of settings, the author also explains how psychotherapy, medication, and cognitive behavioral therapy can help.

"This book represents a major advance in our ability to help people with ASD to confront one of their major difficulties and should be widely read and frequently used."

—Gary B. Mesibov, Ph.D.

Professor Emeritus, The University of North Carolina at Chapel Hill

"A must-have for parents, teachers, and clinicians dealing with autistic children struggling with anxiety."

—LIBRARY JOURNAL

ISBN: 978-1-60613-004-9 / 2011 / Paperback / 5½" x 8½" / 275 pages / **\$19.95**



Self-Help Skills for People with Autism

A Systematic Teaching Approach

Stephen R. Anderson, Ph.D., BCBA, Amy L. Jablonski, Psy.D.,
Marcus L. Thomeer, Ph.D., & Vicki Madaus Knapp, Ph.D., BCBA

Practical advice on teaching people with autism essential life skills—eating, toileting, dressing, and personal hygiene. The authors' approach assumes everyone is teachable if skills are broken into small steps and taught systematically. They explain how to set objectives, break complex skills into simple tasks, apply step-by-step teaching strategies, monitor progress, and make adjustments. Includes many illustrative case studies and forms to collect and analyze data.

“Excellent. A very practical book for both parents and school staff. The self-help inventory guides you through the assessment process and the troubleshooting section is full of great ideas. A must-have.”

—Jim Ball, Ed.D., BCBA, Co-Chair, Panel of Professional Advisors, Autism Society of America

“A much needed addition to the literature that provides an in-depth focus on four major areas of skill development—eating, toileting, dressing, and personal hygiene. This practical handbook is filled with case examples, detailed training programs, and helpful tips. It will be very useful in the home and school.”

—Richard M. Foxx, Ph.D.

Professor of Psychology, Penn State University, Harrisburg, Pennsylvania

ISBN: 978-1-890627-41-6 / 2007 / Paperback / 8 ½" x 11" / 200 pages / Photos, Charts & Forms / **\$21.95**



Visual Supports for People with Autism

A Guide for Parents and Professionals

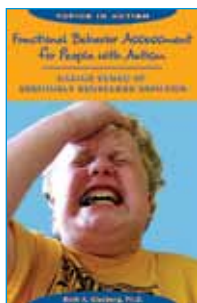
Marlene J. Cohen, Ed.D., BCBA & Donna L. Sloan, M.A., BCBA

Visual supports—any pictorial, graphic, or scheduling aid—are excellent tools for teaching academic, daily living, and self-help skills to people with autism. You'll learn to create and use a variety of visual supports and to choose those most appropriate to help improve learning in these areas: language, memory, sequential skills, attention, motivation, and social skills. Includes examples and photo illustrations of over 140 visual supports!

“No matter what your theoretical orientation, this user-friendly, practical book will become your guide to creating visual supports for helping students on the spectrum manage their daily lives. Written in clear language with tons of concrete examples, parents and teachers alike will find indispensable tools to increase students' understanding and ability to follow school and home routines and challenges.”

—Jed Baker, Ph.D., Director, Social Skills Training Project
and author of *SOCIAL SKILLS TRAINING FOR CHILDREN AND ADOLESCENTS WITH ASPERGER'S SYNDROME AND SOCIAL-COMMUNICATION PROBLEMS*

ISBN: 978-1-890627-47-8 / 2007 / Paperback / 8 ½" x 11" / 184 pages / Color Photo Insert / 140 photos & graphics / **\$21.95**



Functional Behavior Assessment for People with Autism

Making Sense of Seemingly Senseless Behavior

Beth A. Glasberg, Ph.D., BCBA

Follow step-by-step instructions for conducting a functional behavior assessment to determine the reason for problem behaviors such as aggression, noncompliance, and repetitive actions.

"[D]emonstrates how data-driven understanding of behavior opens the door to truly changing behavior."

—Patricia Romanowski Bashe, M.S.Ed.
coauthor *THE OASIS GUIDE TO ASPERGER SYNDROME*

ISBN: 978-1-890627-58-4 / 2006 / Paperback / 5½" x 8½" / 176 pages / Appendices / **\$19.95**



Stop That Seemingly Senseless Behavior!

FBA-based Interventions for People with Autism

Beth A. Glasberg, Ph.D., BCBA

A companion book to *FUNCTIONAL BEHAVIOR ASSESSMENT FOR PEOPLE WITH AUTISM*, this guide outlines an approach to developing and implementing a plan to quickly reduce problem behaviors and to teach new skills.

"Immensely useful, insightful, and clinically sound."

—David Celiberti, Ph.D., BCBA
President, Association for Science in Autism Treatment

ISBN: 978-1-890627-76-8 / 2008 / Paperback / 5½" x 8½" / 154 pages / **\$19.95**



Autism 24/7

A Family Guide to Learning at Home and in the Community

Andy Bondy, Ph.D. & Lori Frost, M.S., CCC/SLP

The creators of the Picture Exchange Communication System (PECS) explain how to teach a child with autism to be part of daily family routines without turning your life upside down. *AUTISM 24/7* encourages you to pinpoint times when your child's behavior or lack of skills interferes with family functioning so you can define your goal (e.g., the behavior you want to change or modify) of what to teach and how to teach it. Discover practical strategies, such as reinforcements, prompts, video modeling, and shaping, which help teach new behavior, and learn how to evaluate progress.

"The resource so many have been seeking! Clear, practical, evidence-based teaching and management strategies."

—Beth Sulzer-Azaroff, Ph.D., BCBA
Professor Emeritus, Department of Psychology, University of Massachusetts, Amherst

ISBN: 978-1-890627-53-9 / 2008 / Paperback / 5 ½" x 8½" / 152 pages / Forms & Checklists / **\$19.95**



Second Edition

Activity Schedules for Children with Autism

Teaching Independent Behavior

Lynn E. McClannahan, Ph.D. & Patricia J. Krantz, Ph.D.

The second edition of this popular guide to increasing independence for people with autism presents an invaluable teaching tool—a set of sequenced pictures—which helps them be more purposeful and self-directed. Activity schedules help children and adults to organize their daily routines, complete tasks more independently, stay engaged and attentive, and be more social. Based on the authors' more than 20 years at the Princeton Child Development Center, the book also explains how to adapt activity schedules for use in different settings—home, school, and community—and with technology such as iPads, smartphones, and Blackberries.

“ Essential for any family with an autistic child.”*

—*LIBRARY JOURNAL* (*starred review)

“I highly recommend this book to colleagues working with people with autism.”

—*CANADIAN JOURNAL OF OCCUPATIONAL THERAPY*, February 2011

“When my son learned to use an activity schedule over 10 years ago, its use quickly generalized across all the areas of his life. As he approaches his teenage years, it is still the most effective teaching tool that we use to help him triumph over autism’s challenges.”

—Lisa Courey, parent of a 12-year-old with autism

ISBN: 978-1-60613-003-2 / 2010 / Paperback / 5½" x 8½" / 148 pages / **\$19.95**



Second Edition

Right from the Start

Behavioral Intervention for Young Children with Autism

Sandra L. Harris, Ph.D. & Mary Jane Weiss, Ph.D., BCBA

Are you trying to decide on an educational program for your young child with autism, or know someone who is? This second edition covers programs that use Early Intensive Behavioral Intervention, a highly effective treatment based on Applied Behavior Analysis (ABA), and outlines what to consider and expect from a program. From program setting, teaching strategies, to time demands, costs, and support services, this is an invaluable guide to helping families make good choices. Professionals in the field, the authors share important insight that gives parents peace of mind.

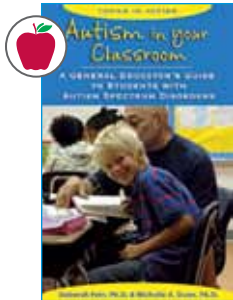
“Highly recommended for public libraries, even those owning the first edition.”

—*LIBRARY JOURNAL*

“For the health care worker who meets a family with a [child with autism], this book is a true guide, one to be read by the professional to assist the parents in their search and to understand the stresses faced by the child and family. The book is, moreover, a guide which should be given to the parent(s) at the onset so they can independently seek and evaluate the right setting for their child.”

—*ADVANCE FOR OCCUPATIONAL THERAPY PRACTITIONERS*

ISBN: 978-1-890627-80-5 / 2007 / Paperback / 5 ½" x 8 ½" / 175 pages / photos & tables / **\$18.95**



Autism in Your Classroom

A General Educator's Guide to Students with Autism Spectrum Disorders

Deborah Fein, Ph.D. & Michelle A. Dunn, Ph.D.

This much-needed resource gives general education teachers an understanding of the types, causes, characteristics, and treatments of autism spectrum disorders. The authors share their clinical and classroom experience, providing a variety of teaching strategies, as well as ways to manage behavior and sensory issues, and to work on social skills.

"A must-read for all teachers."

—Karen Siff Exkorn, MA, author of

THE AUTISM SOURCEBOOK: EVERYTHING YOU NEED TO KNOW ABOUT DIAGNOSIS, TREATMENT, COPING and HEALING—FROM A MOTHER WHOSE CHILD RECOVERED

ISBN: 978-1-890627-61-4 / 2007 / Paperback / 5 1/2" x 8 1/2" / 275 pages / Resource Guide / **\$19.95**



Teaching Conversation to Children with Autism

Scripts and Script Fading

Lynn E. McClannahan, Ph.D. & Patricia J. Krantz, Ph.D.

Parents and educators can follow the book's step-by-step instructions to use scripts (brief pieces of recorded conversation) and script-fading techniques to teach children with autism to initiate and maintain conversation—skills they so often struggle with. The authors' techniques provide a predictable and meaningful structure that's proven successful.

"Clear, sensible instructions that parents and professionals can use to teach complex conversation skills to learners with autism of all ages."

—Gina Green, Ph.D., BCBA, San Diego State University and University of North Texas

ISBN: 978-1-890627-32-4 / 2005 / Paperback / 5 1/2" x 8 1/2" / 168 pages / Appendices / **\$17.95**



Seeing is Believing

Video Self-Modeling for People with Autism and Other Developmental Disabilities

Tom Buggiey, Ph.D.

Use video self-modeling (VSM) to help children with autism and other developmental disabilities acquire and improve skills. Shows how you can create a video of your child demonstrating a desired behavior. Your child then learns by watching himself on tape and is more motivated to practice and master the new behavior! Useful for controlling tantrums and fostering communication and social interaction.

"[E]asy-to-follow procedural descriptions and many interesting examples."

—Peter W. Dowrick, Ph.D., Professor, Center on Disability Studies, University of Hawaii at Manoa

ISBN: 978-1-890627-88-1 / 2009 / Paperback / 5 1/2" x 8 1/2" / 129 pages / **\$19.95**

The Kitchen Classroom

32 Visual GFCF Recipes to Boost Developmental Skills

Gabrielle Kaplan-Mayer

For kids who need extra help with sensory integration, motor, language, communication, and attention skills, cooking offers terrific opportunities to work on these issues while having fun. A cooking instructor and parent of a child with autism provides 32 kid-friendly, gluten-free and casein-free recipes with specific teaching tips and adaptation suggestions for parents. Kids can easily follow along by viewing the companion CD-ROM of 500 images paired with step-by-step cooking instructions, or these can be printed to be kept in a binder.

“Looking for a way to relate to your child, have fun together, and teach skills at the same time? Gabrielle Kaplan-Mayer has a delightful approach and a rewarding recipe for family life.”

—Robert A. Naseef, Ph.D., psychologist, parent, and author of *SPECIAL CHILDREN, CHALLENGED PARENTS: THE STRUGGLES AND REWARDS OF RAISING A CHILD WITH A DISABILITY*, and co-editor of *VOICES FROM THE SPECTRUM*

ISBN: 978-1-60613-010-0 / 2010 / Paperback / 7" x 10" / 132 pages / Color insert / CD-ROM / **\$29.95**

Gluten-Free Kids

Raising Happy, Healthy Children with Celiac Disease, Autism, and Other Conditions

Danna Korn / Foreword by Jenny McCarthy

A gluten-free (GF) living expert provides a complete overview of celiac disease and the curative GF diet in this new edition. She also describes how celiac disease can impact children with Down syndrome and diabetes, and includes information for families of kids who *choose* to be gluten-free for other reasons such as autism. Everything you need to

keep your child gluten-free is here, including how to: get medical testing, adjust to the diet, maintain a GF kitchen, make good nutritional choices, shop for ingredients, and help kids whose specific cognitive or learning issues present additional challenges.

“A must-have book when you have a child with any form of gluten intolerance.”

—Cynthia Kupper, RD, Executive Director, Gluten Intolerance Group of North America (GIG)

ISBN: 978-1-60613-006-3 / 2010 / Paperback / 7" x 10" / 280 pages / **\$21.95**

Incredible Edible Gluten-Free Food for Kids

150 Family-Tested Recipes

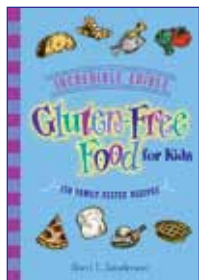
Sheri L. Sanderson

Delicious gluten-free recipes for every meal of the day, plus snacks, and many take less than 30 minutes to prepare. Learn to cook food without gluten, read labels for hidden ingredients, and prepare food without fear of contamination.

“With recipes ranging from finger foods to pizzas, this book covers the gamut of any child’s desires to make the diet not restrictive but merely a case of delicious substitutions.”

—Bette Hagman, *THE GLUTEN-FREE GOURMET*

ISBN: 978-1-890627-28-7 / 2002 / Paperback / 7" x 10" / 320 pages / Resource Guide / **\$19.95**





Challenging Kids, Challenged Teachers

Teaching Students with Tourette's, Bipolar Disorder, Executive Dysfunction, OCD, ADHD, and More

Leslie E. Packer, Ph.D. & Sheryl K. Pruitt, M.Ed., ET/P

CHALLENGING KIDS, CHALLENGED TEACHERS is about understanding how 16 conditions—including Tourette's Syndrome, OCD, ADHD, LD, Nonverbal Learning Disability, Pervasive Developmental Disorders, Asperger's Syndrome, and Anxiety Disorders—affect kids' learning and behavior.

Offers dozens of proven, practical teaching strategies that can help improve academics, social skills, and emotional stability. CD-ROM has checklists, forms, and worksheets.

"Built on decades of professional and personal experience as educators, parents, and advocates, this volume is filled with first-hand, user-friendly knowledge. I highly recommend it!"

—James F. Leckman, M.D., Professor of Child Psychiatry, Pediatrics and Psychology, Child Study Center, Yale University

ISBN: 978-1-890627-82-9 / 2010 / Paperback / 8½" x 11" / 330 pages / CD-ROM included / **\$29.95**

TOURETTE SYNDROME



Second Edition

Children with Tourette Syndrome

A Parents' Guide

Edited by Tracy Lynne Marsh

This authoritative guide reflects the latest research and medical developments with updates on education, legal rights, family life, daily care, habit reversal training and emotional issues. It offers strategies for coping with impulsivity, obsessive thoughts, attention, and sleep problems.

"...recommended for all public libraries."

—LIBRARY JOURNAL

ISBN: 978-1-890627-36-2 / 2007 / Paperback / 5½" x 8½" / 362 pages / 55 photos / **\$18.95**

EXECUTIVE FUNCTIONING



Late, Lost, and Unprepared

A Parents' Guide to Helping Children with Executive Functioning

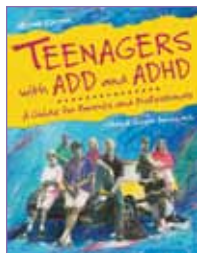
Joyce Cooper-Kahn, Ph.D. & Laurie Dietzel, Ph.D.

This parent-friendly guide offers practical solutions for helping kids whose executive skills are weak or missing altogether. Written by two clinical psychologists, the book explains the underlying developmental foundation of executive functioning and offers specific techniques for helping kids with homework, social skills, planning and organization, self-monitoring, impulse control, working memory, and initiating tasks.

"They have written a book that families have been asking about for years. A tremendous help to children, teens, and young adults as they learn the key skills to better manage their learning and problem-solving."

—Gerard Gioia, Ph.D., Director, Neuropsychology, Children's National Medical Center

ISBN: 978-1-890627-84-3 / 2008 / Paperback / 5½" x 8½" / 217 pages / **\$19.95**



Second Edition

Teenagers with ADD and ADHD

A Guide for Parents and Professionals

Chris A. Zeigler Dendy, M.S.

Parents benefit from the author's decades of experience focusing on the needs of teens with ADD and ADHD in this must-have resource. The complete guide looks at key issues and concerns for teens and their families, such as school and academics, treatments, coexisting conditions, executive function, behavior problems, medications, legal rights, and how to involve teenagers in their own treatment plan.

"A wealth of helpful information, practical suggestions, and realistic hope... Highly recommended!"

—Thomas E. Brown, Ph.D., author of *ATTENTION DEFICIT DISORDER: THE UNFOCUSED MIND IN CHILDREN AND ADULTS* and Associate Director, Yale Clinic for Attention and Related Disorders

ISBN: 978-1-890627-31-7 / 2006 / Paperback / 8½" x 11" / 418 pages / Photos / **\$24.95**



Second Edition

Teaching Teens with ADD, ADHD & Executive Function Deficits

A Quick Reference Guide for Teachers and Parents

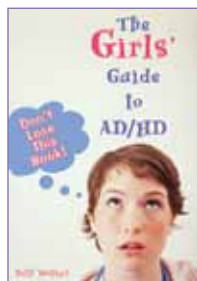
Chris A. Zeigler Dendy, M.S.

Thousands of teachers and parents have relied on the authoritative, concise information in *TEACHING TEENS WITH ADD AND ADHD* for advice on meeting the educational, medical, and social needs and challenges of adolescents with these conditions. This updated edition provides more than 80 summaries (annotated checklists for easy consumption) chock full of new information on research, teaching strategies, education law, executive functioning, social skills, and medication.

"This comprehensive book should be required reading for every teacher and parent of students with ADD, ADHD and executive function deficits. There are clear and concise explanations of why students do certain behaviors, and cannot do others, incorporating the latest and exciting brain research."

—CAPHIS Consumer Connections

ISBN: 978-1-60613-016-2 / 2011 / Paperback / 8 ½" x 11" / 400 pages / **\$24.95**



The Girls' Guide to AD/HD

Don't Lose This Book!

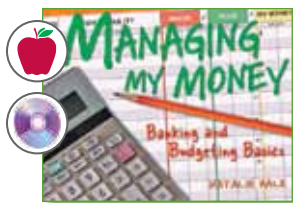
Beth Walker

A humorous, candid look at AD/HD for girls, offering concrete advice on everything from school to dealing with friends, and from depression to the positive aspects of having AD/HD.

"It is unique in its very lively and attractive presentation, and in its discussion of gender differences in attention problems, well supported by reviews of recent research on brain structure, chemistry, and hormones."

—CANADIAN JOURNAL OF OCCUPATIONAL THERAPY

ISBN: 978-1-890627-56-0 / 2004 / Paperback / 7" x 10" / 176 pages / Charts & Surveys / Grades 6-12 / **\$19.95**



Managing My Money

Banking and Budgeting Basics

Natalie Hale

With its color-coded worksheets, large graphics, and simple upbeat instructions, **MANAGING MY MONEY** is especially suited to teaching basic money management skills to anyone who struggles with money concepts. With the help of a parent, coach, or teacher, and a calculator, students can follow more than 30 lessons on keeping records for a checking account or budget and understanding the difference between needs, wants, savings, and deposits and payments. Makes abstract money concepts more concrete!

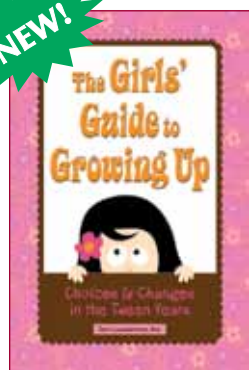
“Math has always been a challenge for my daughter, but she has had great success with this system.... I highly recommend it.”

—Jackie Holcombe, parent, advocate, and mayor of Cary, North Carolina

ISBN: 978-1-60613-007-0 / 2010 / Paperback / Spiral-bound / 11" x 8½" / 176 pages / Color / CD-ROM included / **\$34.95**

PUBERTY

NEW!



ISBN: 978-1-60613-026-1

2011

Paperback / 6" x 9"

62 pages

B&W illustrations

Ages 8-14

\$16.95

The Girls' Guide to Growing Up

Choices & Changes in the Tween Years

Terri Couwenhoven, M.S.

This is the **OUR BODIES, OURSELVES** written especially for pre-adolescent and teenage girls with intellectual disabilities to read by themselves or with a parent. An experienced sex educator who specializes in working with people with special needs and the author of **TEACHING CHILDREN WITH DOWN SYNDROME ABOUT THEIR BODIES, BOUNDARIES, AND SEXUALITY**, Couwenhoven covers all the important emotional and physical changes of puberty in an upbeat style. Clear, practical explanations and realistic photos and illustrations will answer young women's questions about a range of issues: body changes, sexual feelings, dealing with periods, hygiene, understanding rules about physical and emotional privacy, and what is appropriate public behavior. Girls will want this excellent resource to help guide them into adulthood, and parents and professionals will appreciate the support it provides in tackling sometimes difficult but necessary topics.

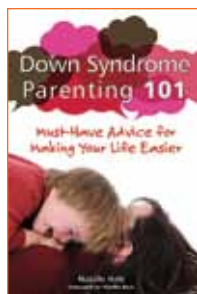
“This [book] is important because many on the [autism] spectrum do not pick up by osmosis the difference between personal and public information. I highly recommend this book.”

—Chantal Scile-Kira, Founder, AutismCollege.com

Author of **ADOLESCENTS ON THE AUTISM SPECTRUM** and **AUTISM LIFE SKILLS**

“Puberty is a challenging time for all young adults. Now girls with intellectual disabilities can grow up with confidence, benefiting from this very clear, practical, and honest guide.”

—Dr. Brian Skotko, Physician, Down Syndrome Program,
Children's Hospital Boston



Down Syndrome Parenting 101

Must-Have Advice for Making Your Life Easier

Natalie Hale / Foreword by Martha Beck



Enriched with dozens of entertaining anecdotes, this savvy book for parents, grandparents, teachers, and anyone who shares life with a person with Down syndrome, is full of uplifting, practical advice and best practices gleaned from the author's personal and professional experiences. Equal parts mentor, humorist, cheerleader, and realist, the author takes readers by the hand and walks them through various life stages and common experiences, and introduces them to the people they will encounter. Topics include: Getting to know and falling in love with your child, interacting with medical professionals, and dealing with literacy, discipline, school, transitioning, and independence.

"From the first page of this exceptional parenting manual, Natalie's clear eyes, calm voice, and wry wit diffuse the anxiety that can accompany a Down syndrome diagnosis."

—Kathryn Soper,

editor of *GIFTS: MOTHERS REFLECT ON HOW CHILDREN WITH DOWN SYNDROME ENRICH THEIR LIVES* and author of *THE YEAR MY SON AND I WERE BORN: A STORY OF DOWN SYNDROME, MOTHERHOOD, AND SELF-DISCOVERY*

ISBN: 978-1-60613-020-9 / 2011 / Paperback / 6" x 9" / 242 pages / **\$19.95**



Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality

A Guide for Parents and Professionals

Terri Couwenhoven, M.S.

A sex educator who's also a parent blends factual information and practical ideas for teaching children with Down syndrome about their bodies, puberty, and sexuality. Learn how to speak comfortably and candidly with your child about: gender identity; privacy; periods & bras for girls; erections & wet dreams for boys; expressing emotion and affection; hygiene; sexual relationships; sexual abuse; and more.

"I strongly recommend it."

—CANADIAN JOURNAL OF OCCUPATIONAL THERAPY

ISBN: 978-1-890627-33-1 / 2007 / Paperback / 8½" x 11" / 332 pages / Illustrations & Photographs / **\$24.95**



The Down Syndrome Transition Handbook

Charting Your Child's Course to Adulthood

Jo Ann Simons, M.S.W.

A veteran parent and expert on transitioning advises families on how to prepare their children for adult life. Full of practical tips on when to leave high school, how to maintain eligibility for benefits, housing, financial & legal issues, work & activities, transportation, and more. There's also information to help older adult children still living at home to become more independent.

"[O]ne of the best books of its kind."

—DISABILITY RESOURCES ONLINE

ISBN: 978-1-890627-87-4 / 2010 / Paperback / 8½" x 11" / 292 pages / **\$24.95**



Teaching Reading to Children with Down Syndrome

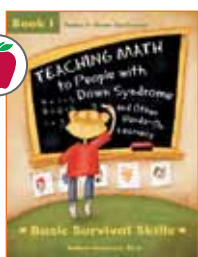
A Guide for Parents and Teachers

Patricia Logan Oelwein

Teach your child with Down syndrome to read using the author's nationally recognized, proven method. From introducing the alphabet to writing and spelling, the lessons are easy to follow. Now includes a CD-ROM of many learning activities and games. Print out the appendices—picture and word cards, lotto games, charts, and more—as often as you want!

"The perfect method to keep the attention of all learners. Not only fun, but motivating and rewarding." —Mary Jane Garcia, Parent and Resource Specialist, National Down Syndrome Congress

ISBN: 978-0-933149-55-7 / 1995 / Paperback / 8½" x 11" / 372 pages / Appendices / CD-ROM included / **\$24.95**



Teaching Math to People with Down Syndrome and Other Hands-On Learners

Book 1: Basic Survival Skills

DeAnna Horstmeier, Ph.D.



Companion CD-ROM available online.

Book 1 focuses on introductory skills typically taught in preschool and elementary school: Number sense • recognizing and writing numbers • counting • addition and subtraction • calculator skills • understanding place value • money—recognizing coins and bills • skip counting • rounding up • measurements • time • comparing numbers and quantities.

"Full of creative, new approaches."

—Professor Sue Buckley, Director for Research and Training, The Down Syndrome Education Trust

ISBN: 978-1-890627-42-3 / 2004 / Paperback / 8½" x 11" / 400 pages / Worksheets & Activities / **\$24.95**

Also by DeAnna Horstmeier...

Teaching Math to People with Down Syndrome and Other Hands-On Learners

Book 2: Advanced Survival Skills

ISBN: 978-1-890627-66-9 / 2008 / Paperback / 8½" x 11" / 482 pages / Worksheets & Activities / **\$24.95**

SPECIAL EDUCATION



Teaching by Design

Using Your Computer to Create Materials for Students with Learning Differences

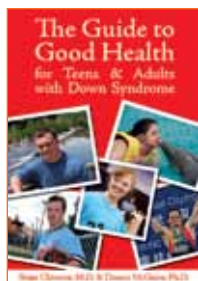
Kimberly S. Voss

Step-by-step instructions to create and adapt lotto boards, spelling cards, matching games, visual supports, sentence strips, and more to teach visual perception, math, language, communication, reading, handwriting, and self-help skills to students with special needs. Includes a time-saving CD-ROM of templates you can customize.

"An excellent resource for teachers, parents, tutors, and anyone interested in modified instruction materials for students with differences."

—FOREWORD MAGAZINE

ISBN: 978-1-890627-43-0 / 2005 / Paperback / 8½" x 11" / 348 pages / Color Photo Insert / 400 photos & illustrations / CD-ROM included / **\$34.95**



A 2010 *LIBRARY JOURNAL* Best Consumer Health Book

The Guide to Good Health for Teens & Adults with Down Syndrome

Brian Chicoine, M.D. & Dennis McGuire, Ph.D.

The essential companion guide to the bestselling *MENTAL WELLNESS IN ADULTS WITH DOWN SYNDROME* focuses on the physical health and wellness of teens and adults with Down syndrome. Drs. Chicoine & McGuire, founding directors of the Adult Down Syndrome Center of Advocate Lutheran General Hospital outside Chicago, discuss how to promote a healthy lifestyle, and how to recognize health problems early to ensure appropriate care and the best outcome.

THE GUIDE TO GOOD HEALTH covers: characteristics of Down syndrome that can affect health care; more commonly occurring medical issues; the connection between mental & physical health; dealing with hospitalizations; long-term health and well-being throughout the lifespan; advance directives and end of life issues; specific medical conditions (skin and nail problems, ear-nose-throat issues, cardiac concerns, thyroid disorder, diabetes, sleep problems, Alzheimer disease) and their symptoms, diagnosis, and treatment.

" An extremely informational volume that should have a place in all consumer health libraries."*

—*LIBRARY JOURNAL* (*starred review)

ISBN: 978-1-890627-89-8 / 2010 / Paperback / 7" x 10" / 392 pages / **\$29.95**



Mental Wellness in Adults with Down Syndrome

A Guide to Emotional and Behavioral Strengths and Challenges

Dennis McGuire, Ph.D. & Brian Chicoine, M.D.

An upbeat, thoroughly readable guide to understanding how to promote mental wellness and resolve psychosocial problems in teens and adults with Down syndrome. The book identifies common behavioral characteristics of Down syndrome, such as self-talk and imaginary friends, communication-related problems, tendencies toward sameness and repetition, and helps distinguish them from bona fide mental health problems, including depression, anxiety, and obsessive-compulsive disorder. For each condition, the authors describe the problem signs, the diagnostic process, and a range of treatment options.

" Highly recommended for all collections."*

—*LIBRARY JOURNAL* (*starred review)

ISBN: 978-1-890627-65-2 / 2006 / Paperback / 7" X 10" / 432 pages / **\$24.95**

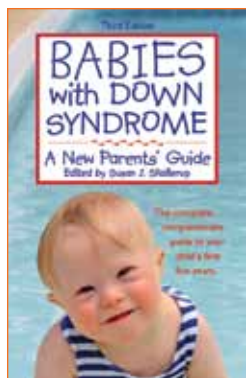


MENTAL WELLNESS IN ADULTS WITH DOWN SYNDROME in Spanish.

Bienestar mental en los adultos con síndrome de Down

Una guía para comprender y evaluar sus cualidades y problemas emocionales y conductuales

ISBN: 978-1-60613-023-0 / 2011 / Paperback / 6" X 9" / 442 pages / **\$29.95**



Third Edition

Babies with Down Syndrome

A New Parents' Guide

Edited by Susan J. Skallerup Foreword by Mitchell LeVitz

The compassionate, authoritative guide that has benefited thousands of families since it was first published in 1986. This third edition offers the latest scientific, medical, and educational research, as well as an invaluable blend of practical advice and emotional support from a variety of professionals and parents who have been there. Chapters cover: What Is Down Syndrome?; Adjusting to Your Baby; Medical Concerns & Treatments; Daily Care; Legal Rights & Financial Issues; Development & Learning; Early Intervention; and Family Life.

Full of new photos, parent statements, updated and expanded resources, and reading lists, this guide is everything parents need to build a bright and healthy future for their child with Down syndrome.

"A practical synthesis of necessary information, emotional support, and wisdom, this is the first book new parents should read. [They] will be better prepared to listen, learn, and love each day of their journey together."

—George T. Capone, M.D., Director, Down Syndrome Clinic,
Kennedy Krieger Institute and Johns Hopkins Medical Institutions

" Highly recommended for parenting collections in public libraries."*

—LIBRARY JOURNAL (*starred review)

ISBN: 978-1-890627-55-3 / 2008 / Paperback / 5½" x 8½" / 358 pages / **\$18.95**



Tercera edición

Bebés con síndrome de Down

Nueva guía para padres

Compilado por Susan J. Skallerup

The third edition of **BABIES WITH DOWN SYNDROME** in Spanish.

"This is an extremely useful resource that parents will want to keep on hand at home. A copy in the library will be very helpful as well. Libraries serving Spanish speakers will want copies in both English and Spanish for staff and patrons."

—CAPHIS CONSUMER CONNECTIONS

ISBN: 978-1-890627-99-7 / 2009 / Paperback / 5½" x 8½" / 366 pages / **\$21.95**



NEW! Multi-lingual Edition

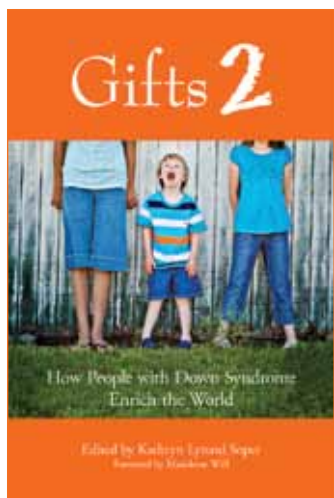
Down Syndrome DVD

The First 18 Months

Produced by Will Schermerhorn / Blueberry Shoes Productions

Now provides comprehensive Down syndrome information in English, Spanish, Chinese, Vietnamese, and Arabic. Covers everything families need to be aware of during their baby's first 18 to 24 months.

ISBN: 978-0-9748071-0-2 / UPC: 881149000010 / 2004 / DVD / 108 minutes / **\$39.95** Public Performance Rights Included



Gifts 2

How People with Down Syndrome Enrich the World

Edited by Kathryn Lynard Soper

Foreword by Madeleine Will

Acceptance, courage, friendship, awareness, and joy—these are the gifts recounted in more than seventy inspirational essays included in **GIFTS 2**. This follow-up to the bestselling **GIFTS** presents a broader perspective on Down syndrome and life by including passionate stories by siblings, grandparents, cousins, aunts and uncles, and mothers of older children, as well as friends, teachers, medical professionals, and coaches.

The essays in **GIFTS 2** illustrate how knowing and caring for someone with Down syndrome can be enriching: A grandfather, inspired by his grandson's strong will, gains a fresh perspective and a new job; a teacher, upon

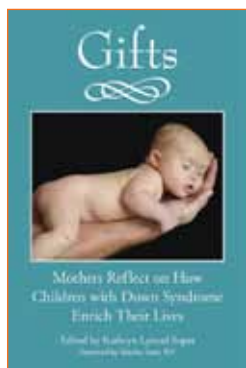
learning of her own child's diagnosis, finds comfort and hope in fond memories of her first student with Down syndrome.

Give the ultimate gift: share **GIFTS** and **GIFTS 2** with family and friends, or your child's teacher or pediatrician, to help raise public awareness and provide others a point-of-view they might otherwise miss.

"I loved the essays and experiences shared in GIFTS 2. It's truly inspiring to know that with the love and support of family, friends, and community anything is possible. Our uniqueness is our gift—be proud of who you are."

—Sara Wolff, Self-Advocate Advisory Board, National Down Syndrome Society

ISBN: 978-1-890627-96-6 / 2009 / Paperback / 6" x 9" / 338 pages / **\$19.95**



Gifts

Mothers Reflect on How Children with Down Syndrome Enrich Their Lives

Edited by Kathryn Lynard Soper

Foreword by Martha Sears, RN

Most parents don't expect to have a child with Down syndrome, yet many who do discover rich, surprising rewards. In this candid collection, sixty-three mothers describe the gifts of respect, strength, delight, perspective, and love that have come from raising a child with Down syndrome. Diverse personalities, perspectives, ethnicities, and religious beliefs inform their opinions, yet ultimately, all the essayists believe that the life of a child with Down syndrome is something to celebrate.

"Honest and life affirming, a chorus of mothers proclaiming what every obstetrician and gynecologist should know—that life is a gift and an extra chromosome is not the end of the world."

—Beverly Beckham, columnist, *THE BOSTON GLOBE*

ISBN: 978-1-890627-85-0 / 2007 / Paperback / 6" x 9" / 278 pages / 63 photos / **\$18.95**



Second Edition

Fine Motor Skills for Children with Down Syndrome

A Guide for Parents and Professionals

Maryanne Bruni, BScOT(Reg)

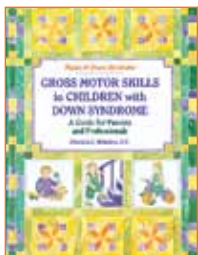
Explains how Down syndrome can affect all aspects of fine motor development: stability, bilateral coordination, sensation, and dexterity. Includes dozens of essential activities to do at home or school that help

kids ages birth through middle school learn skills—cutting with scissors, grasping a pencil, printing, eating, dressing, and grooming.

“The ultimate fine-motor sourcebook for parents, caregivers, and therapists.”

—National Down Syndrome Society’s *UPDATE*

ISBN: 978-1-890627-67-6 / 2006 / Paperback / 8½" x 11" / 236 pages / 225 photos / **\$19.95**



Gross Motor Skills in Children with Down Syndrome

A Guide for Parents and Professionals

Patricia C. Winders, P.T.

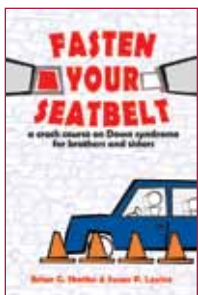
This book covers essential information about gross motor development, including the impact of temperament and physical and medical conditions associated with Down syndrome. Activities and accompanying photos make it easy to practice motor skills with infants and children through age six.

“The single most important and user-friendly resource on gross motor skills in children.”

—George T. Capone, M.D., Director, Down Syndrome Clinic, Kennedy Krieger Institute and Johns Hopkins Medical Institutions

ISBN: 978-0-933149-81-6 / 1997 / Paperback / 8½" x 11" / 236 pages / Appendix / **\$18.95**

SIBLINGS



Fasten Your Seatbelt

A Crash Course on Down Syndrome for Brothers and Sisters

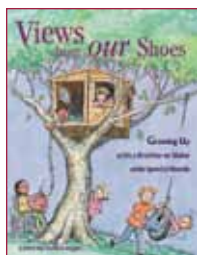
Brian Skotko & Susan P. Levine

FASTEN YOUR SEATBELT tackles some of siblings’ most challenging questions about Down syndrome. Answers to nearly 100 questions are grouped into categories: facts and stats about Down syndrome; how people with Down syndrome learn; handling parent and family conflicts; dealing with your sibling’s frustrating behaviors; managing uncomfortable situations; sorting out your feelings; becoming an advocate; and more.

“It may be a ‘crash course’ but this book’s wisdom is for the ages—heart felt and head smart.”

—Dr. Tim Johnson, Medical Editor, ABC News

ISBN: 978-1-890627-86-7 / 2009 / Paperback / 6" x 9" / 191 pages / Grades 6-12 / **\$18.95**



Views from Our Shoes

Growing Up with a Brother or Sister with Special Needs

Edited by Don Meyer / Illustrated by Cary Pillo

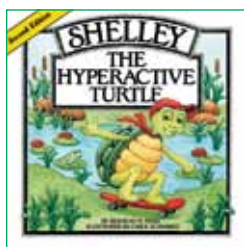
Short essays from boys and girls, ages four to eighteen, sharing what it's like to be the sibling of someone with a disability. They talk about the positive and negative aspects, offering many thoughtful, heartfelt, and sometimes humorous observations that others can learn from.

"An invaluable book for older children, parents, and professional(s)."

—SHARE AN IDEA

ISBN: 978-0-933149-98-4 / 1997 / Paperback / 7" x 9" / 114 pages / Grades 3-7 / **\$15.95**

CHILDREN'S BOOKS



Second Edition

Shelley, the Hyperactive Turtle

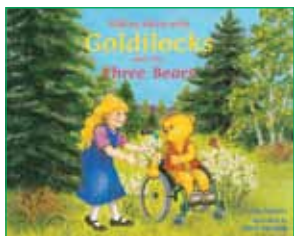
Written by Deborah Moss / Illustrated by Carol Schwartz

A reassuring story for young children who are going through the diagnostic process, having problems with behavior, or making friends.

"Since 1989, SHELLEY has taught young children what it means to have attention deficit hyperactivity disorder and helped them feel comfortable with doctor visits and medication."

—ADDITUDE MAGAZINE

ISBN: 978-1-890627-75-1 / 2006 / Hardcover / 7½" x 7½" / 20 pages / Ages 3-7 / **\$14.95**



Rolling Along with Goldilocks and the Three Bears

Cindy Meyers / Illustrated by Carol Morgan

The classic folktale retold with a special-needs twist.

"[A] nice addition to a school or personal library."

—QUEST (Muscular Dystrophy Association)

ISBN: 978-1-890627-12-6 / 1999 / Hardcover / 11" x 8½" / 27 pages / Ages 3-7 / **\$16.95**



All Kinds of Friends, Even Green!

Written and Photographed by Ellen B. Senisi

When Moses, who is in a wheelchair, discovers the common bond he has with Zaki, the iguana, who is missing toes, he is inspired to write about how they both have to get around in different ways. He finally has a subject for his school assignment!

"The message of acceptance, coupled with a matter-of-fact portrayal of a disabled youngster, makes this a good choice for most collections."

—SCHOOL LIBRARY JOURNAL

ISBN: 978-1-890627-35-5 / 2002 / Hardcover / 11" x 8½" / 28 pages / Grades K-4 / **\$15.95**



My Friend Isabelle

Eliza Woloson / Illustrated by Bryan Gough

Isabelle and Charlie are friends. They both like to draw, dance, read, and play at the park. They both cry if their feelings are hurt. And like most friends, they are also different from each other. Isabelle has Down syndrome. Charlie doesn't. *MY FRIEND ISABELLE* opens the door for young children to talk about differences and the world around them.

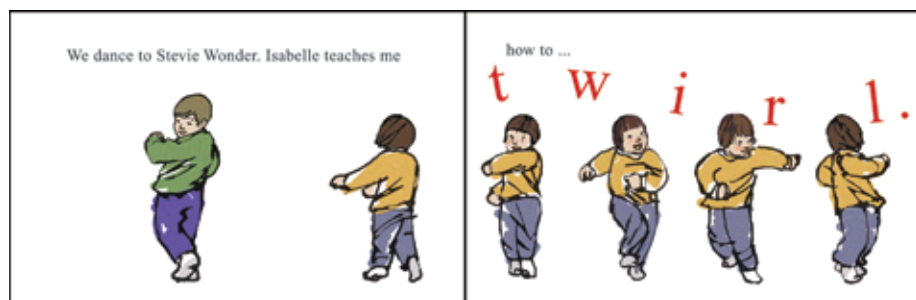
"Isabelle has Down syndrome, but that doesn't matter to her friend Charlie.... 'Life is more fun with friends like Isabelle,' Charlie says, and readers will agree."

—SCHOOL LIBRARY JOURNAL

MY FRIEND ISABELLE is available through iTunes as an iPhone and iPod app!

"I give the story a 5 out of 5 for teaching tolerance and being a beautiful story about acceptance that my children love to read. I also give the iTunes platform a 5 out of 5, and would definitely purchase other books that use this platform again!"

—the SuperMom.com



ISBN: 978-1-890627-50-8 / 2003 / Hardcover / 8 1/2" x 5 1/2" / 28 pages / Ages 2-6 / **\$14.95**



We'll Paint the Octopus Red

Stephanie Stuve-Bodeen / Illustrated by Pam DeVito

Six-year-old Emma has big dreams for her new baby brother. But when she learns that he has Down syndrome, she worries that he won't be able to do many of the fun things she's imagined they'd do together. This is a reassuring story for young children, as well as parents adjusting to Down syndrome.

"An excellent book not only for siblings, but also for friends and extended family members."

—DOWN SYNDROME NEWS

"The fine text gets right to a child's level of understanding, and the positive messages of acceptance and helping may best be understood by children [age 3 to 7]. An appended question-and-answer spread, written at a child's level, tells what Down syndrome is, why some babies have it, and why parents may feel sad when the baby is born. Ink-and-watercolor pictures...exude a warm feeling that matches the story. [T]his is a thoughtful, focused book that will be of enormous help to families with Down syndrome children."

—ALA BOOKLIST

ISBN: 978-1-890627-06-5 / 1998 / Hardcover / 11" x 8 1/2" / 25 pages / Ages 3-7 / **\$15.95**



Pay Attention, Emily Brown!

Written by Linda Burton / Illustrated by Carl Burton

NEW!

Parents of children with ADHD, autism, or sensory processing issues will want to share this delightful children's picture book with their kids. *PAY ATTENTION, EMILY BROWN!* pairs whimsical illustrations with a mother's poetic pleas as she tries in vain to get the attention of her daughter, Emily Brown. Kids ages 4 to 8 will smile as Emily's mom imagines what might be distracting Emily and where her fanciful daydreams are taking her: "Watching that bird or this bee? Sliding down mountains or sailing the sea?" What can a parent do when their child won't focus? Lively, colorful illustrations capture Emily's antics and what her mother might do to capture her daughter's attention.

A warm and funny look at the universal struggle most parents experience at some point when they try to get a child to listen. For kids who have difficulty focusing, this story reassures them with humor and imagination that they are loved and accepted for who they are.

"If you are a parent of a child who has difficulty focusing, 'Pay attention!' is probably on your short list of phrases. Kids with ADHD, autism, sensory issues, and more will enjoy this amusing and yet loving book."

—Danette Schott, M.A., *Help! S-O-S for Parents* blog

ISBN: 978-1-60613-027-8 / 2011 / Hardcover / 11" x 8½" / 32 pages / Full-color illustrations / Ages 4-8 / **\$16.95**



Andy and His Yellow Frisbee

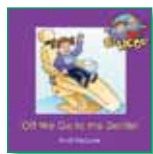
Written and Illustrated by Mary Thompson

Andy has autism and a fascination with objects in motion. His sister watches and worries as a new classmate approaches Andy on the playground. This is a hopeful story that provides background on autism and a sibling perspective.

"A valuable resource for every elementary school library."

—Sandra H. Kownacki, Past President, Autism Society of America,

ISBN: 978-0-933149-83-0 / 1996 / Hardcover / 7" x 10" / 19 pages / Grades K-5 / **\$15.95**



Off We Go to the Dentist (ISBN: 978-1-60613-017-9)

Off We Go to the Grocery Store (ISBN: 978-1-60613-018-6)

Off We Go for a Haircut (ISBN: 978-1-60613-019-3)

by Avril Webster



These simple social stories are perfect for reading aloud to kids with developmental disabilities. Text and cartoon pictures help them imagine and prepare for what's going to happen at the dentist, the grocery store, and when getting a haircut. The result is fears are allayed and upsets reduced when these activities happen in real-life.



"The texts explain what is going to happen, such as when going to get a haircut, 'I sit and wait for my turn. I look at a magazine.' 'The scissors don't hurt.' 'The clippers make a funny sound but they don't hurt either.' GROCERY STORE explains, 'We go through the big automatic doors. It is very bright and noisy and busy! It's okay.' Adults looking for simple explanations to help special-needs children will find these titles useful."

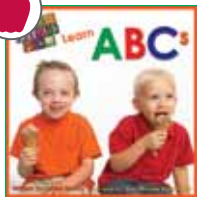
—SCHOOL LIBRARY JOURNAL

2011 / Paperback / Color illustrations / 8¼" x 8¼" / 14 pages / Ages: 4-8 / **\$9.95 each**

Kids Like Me... series

Fun & Sturdy Board Books That Teach Concepts

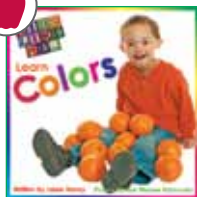
Written by Laura Ronay / Photographs by Jon Wayne Kishimoto



Kids Like Me...Learn ABCs

Twenty-six bright, color-coordinated pages showcase children with Down syndrome interacting with an object that begins with a letter of the alphabet. Each letter appears in upper and lower case and in sign language!

ISBN: 978-1-60613-000-1 / 2009 / Board Book / 6" x 6" / 28 pages / Ages 0-6 / **\$12.95**



Kids Like Me...Learn Colors

Learn 14 different colors in English and Spanish—Pink/Rosa, Yellow/Amarillo! Dressed in their featured color, diverse children with Down syndrome play with an object or toy of the same color, and have fun.

ISBN: 978-1-60613-001-8 / 2009 / Board Book / 6" x 6" / 16 pages / Ages 0-6 / **\$11.95**

Kids Learning about Their World and Themselves...

Board Books written and photographed by Marjorie W. Pitzer, M.Ed.



I Can, Can You?

An inspirational board book full of babies and toddlers with Down syndrome discovering their world and reaching early childhood milestones: playing with blocks, eating by themselves, swimming, going down a slide, drawing, and more. Makes a perfect gift!

ISBN: 978-1-890627-57-7 / 2004 / Board Book / 7" x 5" / 16 pages / Ages 0-4 / **\$10.95**



My Up & Down & All Around Book

User's Guide by Libby Kumin, Ph.D., CCC-SLP

Introduce young children to 14 prepositions, including in/out, over/under, before/after. Photos show lively toddlers and preschoolers with Down syndrome illustrating these concepts in their everyday lives. Includes a section on how to expand children's language skills.

ISBN: 978-1-890627-90-4 / 2008 / Board Book / 7" x 5" / 16 pages / Color Photos / Ages 0-4 / **\$10.95**



More Than a Mom

Living a Full and Balanced Life When Your Child Has Special Needs

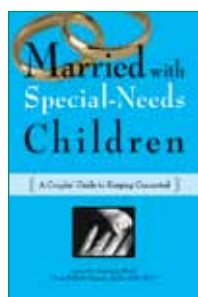
Amy Baskin & Heather Fawcett

From maintaining relationships and nurturing interests and goals to re-joining the workforce and finding specialized childcare, this how-to guide skillfully blends research, personal experience, and feedback resulting in a book jam-packed with practical strategies, advice, and reassurance.

"A smorgasbord of practical and achievable strategies for working towards a full and balanced life...."

—Ann Douglas, author, *THE MOTHER OF ALL PARENTING BOOKS*

ISBN: 978-1-890627-51-5 / 2006 / Paperback / 6" x 9" / 487 pages / Appendices / **\$21.95**



Married with Special-Needs Children

A Couples' Guide to Keeping Connected

Laura E. Marshak, Ph.D. & Fran Pollock Prezant, M.Ed., CCC-SLP

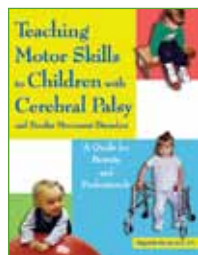
This insightful book looks at the ways in which having a child with developmental or emotional disabilities can complicate a marriage. The authors examine many of the underlying stresses and present a wide range of strategies for handling problems.

"[The authors] have written a book that is so much needed by parents facing the challenges of raising a child with special needs."

—Anne Ford, Chairman Emeritus, National Center for Learning Disabilities
Author of *LAUGHING ALLEGRA*

ISBN: 978-1-890627-10-2 / 2007 / Paperback / 6" x 9" / 325 pages / Appendices / **\$24.95**

CEREBRAL PALSY



Teaching Motor Skills to Children with Cerebral Palsy and Similar Movement Disorders

A Guide for Parents and Professionals

Sieglinde Martin, M.S., P.T.

TEACHING MOTOR SKILLS is the resource that parents, therapists, and other caregivers can consult to help children with gross motor delays learn and practice motor skills—sitting, crawling, standing, and walking. Dozens of illustrated exercises show parents how to reinforce their child's physical therapy work and address typical problem areas such as muscle tightness/weakness, increased/decreased flexibility, poor reflexes, and sensory perception issues. This upbeat and thorough guide is full of anecdotes, frequently asked questions, and includes an appendix of equipment and suppliers.

"I highly recommend this book for any new parent of a child with developmental disabilities."

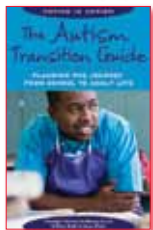
—*PHYSICAL THERAPY*

ISBN: 978-1-890627-72-0 / 2006 / Paperback / 8½" x 11" / 238 pages / 250 photos / **\$19.95**



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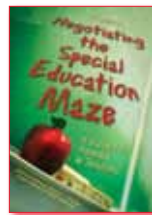
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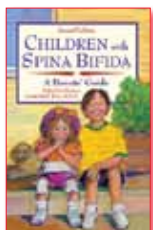
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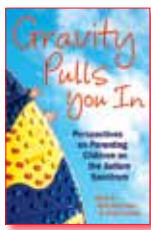
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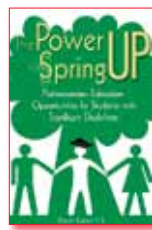
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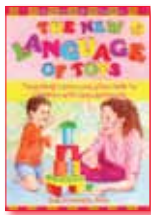
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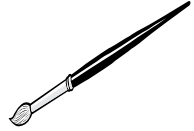


Art & Writing CONTEST!

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Deadline to enter: April 1, 2012

**Do you have Down syndrome?
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What do you create? We **accept** all of these types of art:

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- Send us photos of your artwork by email, or on a disc by snail mail. You can also make a scan of your work and send the scanned image to us by email or on disc by snail mail.
- Written work must be typed on the computer and saved. Then email it to us.
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We **do not** accept:

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